



PROGRAM U10/U12 Duals

Date: 1/17/26	Site: Howelsen Hill	State: CO	Event: Duals
		1. U10	2. U12
Jury Inspection:		8:30am	12:45pm
Referee/Assistant Referee:		W U10 - M U10 -	W U12 - M U12 -
Course Setters (Names / Teams):			
Lift Open:		8:00am Coaches; 9:00am U10 athletes only Lifts open to public 10:00-4:00, then for U12 racers only to end	
Warm-up and Training Area:		Freeskiing only – Howelsen Hill face	
Inspection(one):		9:15-9:45am	1:00-1:30pm
Entry for Racers Closed:		9:30	1:15
Coaches in Place:			
No. of Forerunners: (2)	Start Time:	9:55	1:40
Start Times		10:00 Heat 1 Girls 10:30 Heat 1 Boys 11:20 Heat 2 Girls 11:55 Heat 2 Boys 11:45-1:10 Pizza 1:00-2:30 Jump Activities	11:00-1:00 Air bag/speed trap 11:45-1:00 Pizza 12:00-1:00 Nordic jumps 1:45 Heat 1 Girls 2:30 Heat 1 Boys 3:20 Heat 2 Girls 4:10 Heat 2 Boys
Preparation Breaks:		As needed	
Slip Crews:		Even slipping between the courses	
Awards Ceremony: Top 10 receive awards		12:45 for U10's, 5:00 for U12's at outdoor podium on patio by lodge	
Next Team Captains' Meeting:		6:00pm Saturday night, same Zoom link	
<p>Miscellaneous: NON-ELIMINATION PARALLEL FORMAT: Race is completed in 2 heats where athletes race on red and blue course in each heat. All racers compete in both heats. After first heat, athletes are re-seeded based who is closest to them in time for the next heat. Final result is combined time of all four runs. If skier has a DNF or DSQ on one run in the heat, they will get a time on that run equal to the time on their other run plus 2.00 seconds. If a skier has a DNF or DSQ in both runs in the heat, their final result will be DNF or DSQ, but they continue to the next heat and will start in the first group(s). Run order for the 2nd heat is in reverse order of rank, with fastest two racers starting last. After first run of a heat, racers immediately must get back on the lift and go to the start for their next run on the opposite course. On first run of heat, 1st racer in a pairing runs on red course and 2nd racer runs blue course. Switch on 2nd run of heat. Start command: "Red course ready, blue course ready, racers ready, go" Athletes start on GO. Early or late start will be penalized. Courses are timed independently start to finish, not differential time at finish line. Disqualifications will be announced after each heat and posted to WhatsApp. Soft-ear helmets are not permitted. Helmets must be worn for all activities. Turn in bibs at finish after your final run. Bibs re-issued to SkillsQuest participants on Sunday morning. Athletes may choose activities they wish to participate in when not racing, see schedule. Twin tips encouraged on air bag. Must wear jacket and pants for airbag, not in just speed suit. Nordic jumps – 20 and 30 meter jumps. NO ACCESS UNTIL 12:00PM!! Speed trap on 100 meter jump outrun (closest to poma, use 2nd exit). Pizza lunch is for racers, coaches and officials only! Food will be served from 11:45-1:00. NO SKIS ON THE GROUND AROUND THE FINISH CORRAL!!! Place on racks or fences. Live video feed for dual races! Go to www.sswsc.org/events/skillsquest.</p>			

